



Restoring dignity, reviving hope

Newsletter

Issue No.24 January 2019



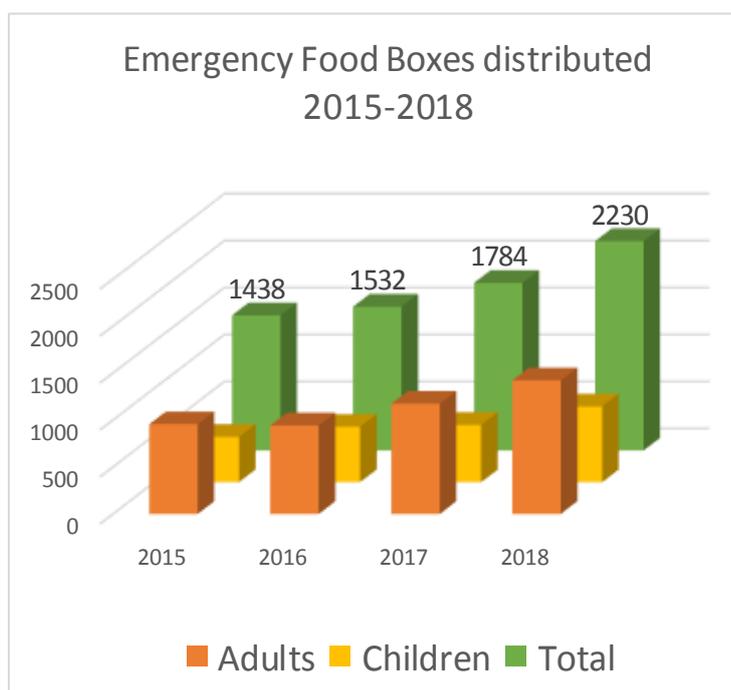
Foodbank records 25% rise in demand

Liskeard & Looe Foodbank saw the number of referrals increase significantly throughout 2018 with the introduction of Universal Credit accounting for much of the uplift. Referrals rose from 1,784 in 2017 to 2,230 last year, including over 800 children, with more than 24 tonnes of donated food being distributed to local people in crisis across Liskeard, Looe, Torpoint and the villages and hamlets from Polruan to Cawsand, Donderry to Colliford Lake.

Thanks to immense generosity of the community with donations of food, finance and time—the Foodbank has been in a strong position to cope with this expected upturn in demand as more and more low income families found themselves unable to manage.

The effects of the punitive transition to Universal Credit

Continued overleaf



Foodbank Opening Hours:

Liskeard: Monday/Wednesday/Friday 09.30-12.30. (excluding Bank Holidays).

Torpoint: Monday/Wednesday 10.30-12.30. At St James Church Hall, Salamanca Street.

UK Charity No: 1146545

Liskeard & Looe Foodbank, Unit One Barras Place, Liskeard, Cornwall. PL14 6AY. Tel: 07512 011452 or 01579 343742. Email@ liskeard.foodbank@gmail.com Web: liskeardlooe.foodbank.org.uk

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meaning that many families and individuals found themselves already in debt by the time of their first payment. We were often seeing people for the first time after several months of trying to free themselves from debt, admitting defeat and asking for help. Many people were helped through the 5+ week wait for U.C. by the Foodbank with food, toiletries, nappies, baby food, gas and electric meter top-ups, pet food, a listening ear, refreshments and signposting to other agencies and charities who can offer further help and advice.

2018 has been an incredibly busy year for the Foodbank with a record number of people helped and 2,230 emergency food boxes distributed to those in need, providing enough food for at least 20,000 meals! All this has been made possible by the incredible generosity of the community including over 50 churches and chapels, 16 schools, many businesses and organisations, supermarkets and countless individuals.

Here are some of the most notable changes from the previous year:

Liskeard 20% increase to 1,076 emergency food boxes.

Looe 48% increase to 227. Torpoint 20% increase to 349. Pensilva 50% rise to 98.

CAP Debt Centre

We look forward to the opening of a CAP debt centre in Liskeard soon. Christians Against Poverty are one of foremost Debt counselling services in the U.K. and are very highly regarded.

Five local churches have joined together to employ a trained debt counsellor in order to help many in our community struggling with debt.

christians
against
poverty

CAP

Shortages

To keep up to date with our shortages please check our website:

<https://liskeardlooe.foodbank.org.uk/give-help/donate-food>

Support you local Foodbank

Liskeard & Looe Foodbank is a local independent charity funded entirely by the community. If you would like to support us by making a regular or one-off donation please visit our website:

liskeardlooe.foodbank.org.uk where you can donate online or set up a standing order.

Alternatively email, give us a call or pop in to see us at the Foodbank in Liskeard.

Cheques can be made payable to: 'Liskeard & Looe Foodbank'